

Curriculum Vitae

Personal data	
Name of the Candidate	Dr. Vidya Seshan
Date of Birth	29.05.1969
Nationality	Indian
Email	Vidya69@squ.edu.om
Phone Number	968 96739695
Address	Associate professor Maternal and Child Health Nursing College of Nursing Sultan Qaboos university (SQU) Muscat, Sultanate of Oman



Academic Degrees			
Degree Obtained	Institution	Year of Completion	Specialty
<i>PhD in Nursing</i>	Vinayaka Mission University, India. Registered under University Grant Commission (UGC Act, 1956) Government of India.	2012	Nursing
Master of Science in Nursing	The TamilNadu Dr. M.G.R Medical University, Chennai, India.	2003	Maternal Health Nursing
Bachelor of Science in Nursing (Post Basic BSc in Nursing)	The TamilNadu Dr. M.G.R Medical University, Chennai, India.	2000	Nursing
Diploma in General Nursing and Midwifery	Shivagiri Sree Narayana Medical School of Nursing, Varkala, Kerala, India.	1990	NA

Professional Licensure and Registration (Active)	
Registered Nurse & Registered Midwife (RN, RM)	
Name of the Board	Country
Nursing and Midwifery Board of Ireland (NMBI)	Ireland
Tamandu Nursing Council	Tamilnadu, India
Kerala Nursing Council	Kerala, India

Employment History – Teaching				
Position	Employer	State/Country	Start/Ending date	Total years of Experience
Associate Professor	Department of Nursing College of Health Sciences University of Sharjah	Sharjah, UAE	26.08.2024- Till date	
Associate Professor	College of Nursing [Accredited by ACEN] Sultan Qaboos University	Muscat, Sultanate of Oman	01.06.2021- 20.07.2024	3 years & 1 months
Assistant Professor	College of Nursing [Accredited by ACEN] Sultan Qaboos University	Muscat, Sultanate of Oman	05.05.2015 to 31.05.2021	6 years
Lecturer	College of Nursing [Accredited by ACEN] Sultan Qaboos University	Muscat, Sultanate of Oman	09.10.2010 to 04.05.2015	4 years & 7 months
Associate Professor	P.S.G. Institute of Medical Science and Research [An ISO 9001: 2008 certified Institution]	Coimbatore, India	01.09.2009 to 06.10.2010	1 year 1 month
Preceptor	Coombe Women and Infant's University Hospital (Pre Reg & Post Reg Midwifery students)	Dublin, Ireland	01.01.2006 to 30.07.2009	3 years & 7 months
Assistant Professor	P.S.G. Institute of Medical Science and Research [An ISO 9001: 2008 certified Institution]	Coimbatore, India	01.05.2003 to 30.04.2005	2 years
Clinical Instructor	Sarada School of Nursing, Sree Rama Krishna Ashram Charitable Hospital	Trivandrum, India	01.09.2000 to 31.05.2001	8 months

*ACEN = Accreditation Commission for Education in Nursing

Program	Institution/ Country	Role
Master of Science in Nursing Midwifery [Accredited by ACEN]	College of Nursing Sultan Qaboos University	Chair, MSN Midwifery program (First MSN Midwifery Program in Oman) launched 2020. Program Coordinator from 2020 to 20.07.2024

Subject Taught	
Role: Course Coordinator	
Master's Program	Bachelors Program
<ul style="list-style-type: none"> Advanced Health Assessment Women's Health & Antenatal Care Labor and Obstetrical Emergencies 	<ul style="list-style-type: none"> Maternity Nursing Theory Maternity Nursing Clinical Nursing Research

Employment History – Clinical practice

Position	Employer	Country	Start/Ending date	Clinical Area	Total years of Experience
Midwife	Coombe Women and Infant's University Hospital	Dublin, Ireland	09.05.2005 to 30.07.2009	Labor Room	4 years 3 months
Operation Theater Nurse	Buraimi Hospital, Ministry of Health	Buraimi, Sultanate of Oman	18.08.1993 to 18.05.1998	Operation Theater (General, Gynecology, Orthopedics, Eye, E.N.T)	4 years 9 Months
Operation Theater Nurse, Shift in-change	B.M. Birla Heart Research Centre	Calcutta, India	05.07.1991 to 05.08.1993	Cardiac Operation Theater	2 years 1 months
Operation Theater Nurse	Sree Uthradom Thirunal Hospital	Trivandrum, India	01.04.1990 to 30.06.1991	Operation Theater (Cardiac & General)	1 year 3 months
<ul style="list-style-type: none"> • Postnatal & Community Midwifery • MSN Thesis 			<ul style="list-style-type: none"> • Graduation Project • Health Assessment • Health Promotion & Health Education • Advanced Health Nursing 		

Administrative Positions

Position	Employer	Country	Start/Ending date	Total years of Experience
Head of Fundamentals, and Administration Department	College of Nursing Sultan Qaboos University	Muscat, Sultanate of Oman	01.09.2019 to 20.07.2024	5 years
Head of Maternal and Child Health Department	College of Nursing Sultan Qaboos University	Muscat, Sultanate of Oman	23.08.2015 to 31.08.2018	3 years
Assistant Dean for Clinical Training and Community Services	College of Nursing Sultan Qaboos University	Muscat, Sultanate of Oman	10.07.2014 to 24.10.2015	1 year 3 months
Head of Maternal Health Department	P.S.G. Institute of Medical Science and Research	Coimbatore, India	01.09.2009 to 06.10.2010	1 year 1 month

	[An ISO 9001: 2008 certified Institution]			
Head of Maternal Health Department	P.S.G. Institute of Medical Science and Research [An ISO 9001: 2008 certified Institution]	Coimbatore, India	01.05.2003 to 30.04.2005	2 years

Research Scholarly Work

1. Raghavan, D., Natarajan, J., kharusi, A.A., **Seshan, V., Alsaraireh, A. (2024)**. Impact of recurrent pregnancy loss on depression, anxiety, and fertility related stress in Omani women: A cross sectional survey. *African Journal of Reproductive Health*. 28 (1), 13-21. **(Scopus)**.
2. Joseph, M.A., Natarajan, J., **Seshan, V.**, Roach, E.J., Omari, O.A., Karkada, S. **(2023)**. Effects of Twitter Use on Academic Performance and Satisfaction in a Pathophysiology Course Among Omani Nursing Students: A Qasi-Experimental Study. *BMC Nurs* **22**, 439. <https://doi.org/10.1186/s12912-023-01609-x> **(SCOPUS)**.
3. AlDughaishi, M.Y. K., **Seshan, V***, Amandu G. M. **(2023)**. Antenatal Education Services in Oman: A Descriptive Qualitative Inquiry of Healthcare Provider's Perspective. *Perinatal Nursing and Midwifery*. SAGE Open Nursing. 9: 1-12. DOI: 10.1177/23779608231159336 **(Scopus)**. **Corresponding Author**.
4. AlDughaishi, M.Y. K., **Seshan, V***, Amandu G. M. **(2023)**. Challenges and Strategies for Providing Effective Antenatal Education Services in Oman's Public Healthcare System: Perspectives of Service Providers and Pregnant Women. **Sultan Qaboos University Medical Journal**. <https://doi.org/10.18295/squmj.5.2023.032> **(Scopus)**. **Corresponding Author**
5. AlDughaishi, M.Y. K., Amandu G. M., **Seshan, V***. **(2023)**. A Qualitative Inquiry of Women's Perspective of Antenatal Education Services in Oman. *Perinatal Nursing and Midwifery*. SAGE Open Nursing. 9: 1-12. DOI: 10.1177/23779608231159336. **(Scopus)**. **Corresponding Author**
6. Raghavan, D., Amandu G. M., **Seshan, V. (2023)**. Male Student Challenges in Maternity Nursing Clinical Course: Strategies for Improved Performance and Future Implications for Nursing Education and Practice. *SAGE Open Nursing*. 9:1-9. Doi: 10.1177/23779608231160482. **(Scopus)**.
7. **Seshan, V***, Francis, F., Raghavan, D., Arulappan, J., Al Hashmi, E., Prince., E., Jaju, S., Al Azri, Z., Al Kharusi, L. **(2023)**. Prevalence of Urinary Incontinence and its relationship with sociodemographic and obstetrical variables among Omani women. *SAGE Open Nursing*. <https://doi.org/10.1177/23779608231173803> **(Scopus)**. **Corresponding Author**
8. **Seshan, V.**, Valsaraj, B., Raghavan, D. et al., **(2022)**. Whom to Blame for Brain Health and Appetite Slump in Toddlers - A Narrative Review. *International Journal of Nutrition, Pharmacology, Neurological Diseases*. **12(4)**, 242-246. DOI: 10.4103/ijnpnd.ijnpnd_66_22 **(Scopus)**
9. **Seshan, V.**, Amandu G. M., Raghavan, D., Arulappan, J. Al Hashmi, E., Roach, E.J., Elizabeth, S., Prince., E. **(2022)** Case Study Analysis as an Effective Teaching Strategy: Perceptions of Undergraduate Nursing Students from a Middle Eastern Country. *SAGE Open Nursing*. 7:1-10. DOI: 10.1177/23779608211059265. **(Scopus)**.

10. Al Hasjmi, E., Khalaf, A., **Seshan, V.**, Alsabti, H., Al Omari, O., Yehia, D., Baqer, M., Al Khadhuri, J. (2021). Maternal and Neonatal Outcomes of Healthy Pregnant Women with COVID-19 Versus High-risk Pregnant Women: A Multi-Center Case Control Comparison Study. SAGE Clinical Nursing Research. <https://doi.org/10.1177/10547738211064027>. (Scopus)
11. **Arulappan, J.**, Amandu G. M., Alzaabi, O., Vincent, S.C., Jayapal, S. K., Al Sabei, S.D., **Seshan, V.** (2021). Knowledge and readiness for Inter Professional Education and Collaborative practice among Undergraduate Nursing Students in a Middle Eastern Country- A Pilot Study. Nurse Education Today. Volume 100. Doi.org/10.1016/j.nedt.2021.104865. (Scopus).
12. Al Khasawneh, E., **Seshan, V***, Arulappan, J. Raman, S. (2020). Determinants of Compliance with Iron Supplementation Among Pregnant Women in a Tertiary Care Hospital in Oman. International Journal of Nutrition, Pharmacology, Neurological Diseases. 10.4103/ijnpnd.ijnpnd_57_20 (Scopus). – Corresponding author.
13. Al Hashmi, E., **Seshan, V.** (2019). **Commentary on:** Call for Culturally Sensitive Comprehensive Cancer Control Programs in the Middle Eastern Countries: **Evidence based Nursing, bmj** <http://ebn.bmj.com/cgi/content/full/ebnurs-2019-103150>.doi: 10.1136/ebnurs-2019-103150. (DB: Scopus; **SJR:** 1.321; **H-Index:** 69; **Impact Factor:** 2.420).
14. Amandu G. M., Raghavan, D., **Seshan, V.**, Atef A. S.O. (2019). Overcoming Cultural Barriers in Undergraduate Nursing Education Using Voice Enhanced High Fidelity Simulation: The Sultan Qaboos University Experience. International Journal for Infonomics (IJ). 12 (2), 1884 - 1890. DOI: 10.20533/iji.1742.4712.2019.0193 (DB: Non-Scopus; **Indexed:** N/A; **Google Impact Factor:** 5.201; **ISSN:** 1742-4712).
15. Al Hashmi, E., Nandy, K., **Seshan, V.** (2019). Non-Medical strategies to improve pregnancy outcomes of women with Gestational Diabetes Mellitus (GDM) – A Literature Review. Sultan Qaboos university Medical Journal. **19 (1), e4-10**. <https://doi.org/10.18295>. (DB: Scopus; **Index:** PubMed; **SJR:** 0.26; **H- Index:** 23; **Impact Factor:** 0.800).
16. Arulappan, J. Karkada, S., Sathya, **Seshan, V.** (2019). 'Ketogenic diet- An Evidence based direction for seizure control.' International Journal of Nutrition, Pharmacology, Neurological Diseases. Dis 2019; 9:37-40. (DB: Scopus; **SJR:** 0.151; **H-Index:** 5; **Impact Factor:** 0.50).
17. **Seshan, V***, Al Khasawneh, E., Salam A.K., Fayez. Arulappan, J. (2018). Can Gestational Anemia be alleviated with Increased Awareness of its Causes and Management Strategies? Implications for Health Care Services among Omani women - a quasi-experimental study. Oman Medical Journal. 33 (4), 322-330. Doi: 10.50001/omj.2018.59. (DB: Scopus; **SJR:** 0.465; **H-Index:** 20; **Impact Factor:** 1.280). **Corresponding author.**
18. **Seshan, V***, Al Khasawneh, E., Al Hashmi, I. (2016). Risk factors of Urinary incontinence in women: A literature review. *International Journal of Urological Nursing*. 10(3), 118-126. doi: 10.1111/ijun.12107. (DB: Scopus; **SJR:** 0.204; **H- Index:** 7; **Impact Factor:** 0.440). **Corresponding author.**
19. Al Khasawneh, E., Leocadio, M., **Seshan, V.**, Siddiqui, S., Khan, A., Munaser, M., (2016) Transcultural Adaptation of Breast Cancer Awareness Measure. *International Nursing Review*, 63(3), 445-454. DOI: 10.1111/inr.12265. (DB: Scopus; **SJR:** 0.674; **H-Index:** 43; **Impact Factor:** 1.460)
20. Al Khasawneh, E., Siddiqui, S.T., Leocadio, M., **Seshan, V.**, Al Farsi, Y., Al-Moundhri, M.S. (2016). I Do Not Even Say" It"- a Mixed Methods Study on Breast Cancer Awareness of Omani Women. Asian Pacific Journal of Cancer Prevention:

APJCP, 17(4), 2247-2254. DOI: 10.7314/APJCP.2016.17.4.2247. (DB: Scopus; SJR: 0. 576; H-Index: 65; Impact Factor: 1.310).

21. Prince, E.J. & Seshan, V*. (2015). Effect of selected antenatal exercise on reduction of labor pain among primigravid women: Implication for practice. *Journal of South Asian Federation of Obstetrics and Gynecology*, 7(3), 185-190. DOI: 10.5005/jp-journals-10006-1353. (Scopus). **Corresponding author.**
22. Seshan, V., & Muliira, J.K. (2015). Effect of a Video Assisted Teaching Program for Kegel's Exercises on Women's Knowledge about Urinary Incontinence. *Journal of Wound, Ostomy and Continence Nursing*, 42(5), 531-538. Doi: 10.1097/WON.000000000000127. (DB: Scopus; SJR: 0. 780; H-Index: 45; Impact Factor: 1.530).
23. Seshan, V*., & Muliira, J.K. (2014). Dimensions of the impact of Urinary Incontinence on Women's Quality of life: A English Literature review. *International Journal of Urological Nursing*. Doi: 10.1111/ijun.12034. (DB: Scopus; SJR: 0. 204; H-Index: 7; Impact Factor: 0.440). **Corresponding author.**
24. Amandu, G.M., Seshan, V., Raman, S. & Fronda, D.C. (2014). Challenges and strategies for Building and maintaining effective preceptor preceptee relationship: Perspectives from a Middle Eastern University Teaching Hospital. *Sultan Qaboos University Medical Journal*, 14(4), 501-507. (DB: Scopus; Index: PubMed; SJR: 0.26; H- Index: 23; Impact Factor: 0.800).
25. Ranganathan, R., Ramasubramaniam, S., Al Touby, S., Seshan, V., Al Balushi, A., Al Amri, W., Al Nasser, Y., and Al Rawahi, Y. (2014). What do Omani Women know about Breast Cancer Symptoms? *Oman Medical Journal*, 29(6), 408-413. Doi: 10.5001/omj.2014.110. (DB: Scopus; SJR: 0. 465; H-Index: 20; Impact Factor: 1.280).
26. Amandu, G.M., Seshan, V., Akintola, A., Thanka, A. (2014). Strategies for providing effective feedback during preceptorship: Perspectives from an Omani Hospital. *Journal of Nursing Education and Practice*, 4(10), 24-31. Doi: 10.5430/jnep.v4n10p24. (DB: Non-Scopus; Index: CrossRef; Google H- Index: 29; Impact Factor: 7.86).
27. Seshan, V*., Muliira, J.K., Krishnamoorthy, R., & Sivaram, V. (2013). Reducing Urinary Incontinence Symptoms Severity in Women using a Video Assisted Teaching Program. *International Journal of Urological Nursing*, 7(1), 33-42. Doi: 10.1111/j.1749-771X.2012. 01166.x. (DB: Scopus; SJR: 0. 204; H-Index: 7; Impact Factor: 0.440). **Corresponding author.**
28. Al Khasawneh, E., McFarland, W., Mandel, J., Seshan, V. (2013). Insight into Jordanian thinking about HIV/AIDS: Knowledge of Jordanian men and women about AIDS prevention. *Journal of the Association of Nurses in AIDS care*. Doi: 10.1016/j.jana.2013.06.001. (DB: Scopus; SJR: 0. 730; H-Index: 42; Impact Factor: 1.280).
29. Seshan, V*., & Muliira, J.K. (2013) Prevalence and Factors Associated with Urinary Incontinence Symptom Severity in Community Dwelling Adult Women: Implications for Health Promotion. *BMC Women' Health*. 13:16. DOI: 10.1186/1472-6874-13-16. (DB: Scopus; SJR: 0. 887; H-Index: 40; Impact Factor: 1.650). **Corresponding author.**
30. Muliira, R.S., Seshan, V. & Ramasubramaniam, S. (2013). A review on how to make vaginal examination easier: Lessons for midwives in clinical practice. *Sultan Qaboos University Medical Journal*, 13(3), 442-449. (DB: Scopus; Index: PubMed; SJR: 0.26; H- Index: 23; Impact Factor: 0.800).
31. Al Khasawneh, E., Ismayilova, L., Seshan, V., Hmoud, O., & El-Bassel, N. (2013). Predictors of HIV knowledge among Jordan youth. *Sultan Qaboos University Medical Journal*, 13(2), 232-240. (DB: Scopus; Index: PubMed; SJR: 0.26; H- Index: 23; Impact Factor: 0.800).

32. Noronha, J.A., Al Khasawneh, E., **Seshan, V.**, Ramasubramaniam, S., & Raman,S. (2012). Anemia in Pregnancy- Consequences and Challenges: A Review of Literature. *Journal of South Asian Federation of Obstetrics and Gynecology*, 4(1), 64-67. (Scopus)
33. Ramasubramaniam, S., Muliira, R. S, **Seshan, V.**,Noronha, J.A., & Raman,S. (2012).Chiropractic care in women’s health: A midwifery perspective. *African Journal of Midwifery & Women’s Health*, 6(2), 98-101. (DB: Non-Scopus)

Refereed Published conference proceedings.

1. **Seshan,V. (2016).** Coping Strategies and self-measures adopted by the women with Urinary incontinence and its effects on Quality of Life. *Obstetrics and Gynecology International Journal*. 5(7): 00187. DOI: 10.15406/ogij.2016.05.00187.
2. Al Khasawneh, E., **Seshan, V.**, Al Farsi, Y., Siddiqui, S.T., Al Moundhri, M.S. (2015). Breast Cancer awareness and early detection practices among Omani women: A cross-sectional survey. *Annals of Oncology*. 26 (supplement 3): iii2. Doi: 10.1093/annonc/mdv 113.07. (DB: Scopus; SJR: 6.047; H- Index: 210; Impact Factor: 10.570).
3. Al Khasawneh, E., Siddiqui, S.T., **Seshan, V.**, Al Ajmi, A., Al Farsi, Y. (2015). Breast Cancer awareness and early detection practices among Omani women: a pilot study. *The Breast*. 24 (supplement 1), S75. (DB: Scopus; SJR: 1.403; Impact Factor: 3.754).
4. **Seshan, V. (2014).** Improving knowledge on Urinary incontinence among community dwelling women using a video assisted teaching program. *Sultan Qaboos University Medical Journal*, 14(2), e275-e289. (DB: Scopus; Index: PubMed; SJR: 0.26; H- Index: 23; Impact Factor: 0.800).

Articles in Newsletter, horizon, imprint, SQU media

- **Seshan, V.**, Raghavan, D. (2019). The Unhealthy side of Fast Food. **IMPRINT**, Issue # 013 May 2019.
- **Seshan, V.**, Raghavan, D., Arulappan, J. (2019). Let the Games Begin. **IMPRINT**, Issue # 009 January 2019.
- Raghavan, D., **Seshan, V. (2018).** Empowering Adolescence for healthy living. **IMPRINT**, Issue # 003 April 2018.
- **Seshan, V.**, Raghavan, D. (2017). Primary dysmenorrhea. **Horizon**, Issue No. 35, dated January 30th, 2017.
- **Seshan, V.**, Sofia. (2017). Fish Consumption for Pregnant Women. **SQU Media Webpage**, dated 17th Sep 2017.
- **Seshan, V. (2014).** Bombay blood groups the rearrests of the rare. **Horizon**, Issue No. 292, dated May 10th, 2014.
- **Seshan, V.**, Muliira, J.K. (2013). Are our women aware of Urinary incontinence and Impact it has on them? **Horizon**, Issue No. 277, dated November 20th, 2013.

Research Grants

Title	Type of Grant Funded/Non-Funded	Amount in \$	Year of completion	Role PI/Co PI/Co Investigator
Exploring the effectiveness of an Augmented Reality Application (Holo Patient) towards improving	Submitted for Funding TRC (The Research Council) Oman	20000	Received Ethical approval,	Co-Investigator

learning outcomes for nursing students			waiting for funding	
Development, feasibility and acceptability of a parenting support educational program (Unity Care) among new Omani parents: A Pilot Trial	Submitted for Funding TRC Oman	47000	Received Ethical approval, waiting for funding	Co-investigator
Heat stress and adverse pregnancy outcomes in Muscat, Oman: An ecological study	Dean's Fund	1000	Ongoing	Co-Principal Investigator
Efficacy of "Neo Mumma app" on Breastfeeding Skill, Maternal Confidence, Stress and Care Compliance among Postnatal Mother in a Public University Hospital, Oman.	Non-Funded	NIL-	Ongoing	Co-Principal Investigator
"The effectiveness of a Self-Efficacy Enhancing Smart-Phone Application (SEESPA) on self-efficacy for adherence to healthy lifestyle behaviors among pregnant women with Gestational Diabetes Mellitus (GDM) - A Randomized Controlled Trial" for external funding from "QUWA: Sustaining Women's Empowerment in Research & Innovation."	External Fund	20000	Submitted for funding	Co-Investigator
Evaluation of Cognitive Gains, Skill Competency, Anxiety Levels, Self - efficacy, and Satisfaction in Peer tutoring participants versus Non-participants: A Comparative Study	Internal Grant, SQU	5585	Ongoing	Principal Investigator
The Usefulness of Peer Tutoring and its Impact on Nursing Students' Academic Performance, Psychological Empowerment, and Satisfaction.	Dean's Fund, College of Nursing, SQU	1000	2023	Principal Investigator
Nurses' knowledge, Source of Information, Preparedness, Risk Perception, and Attitudes Regarding COVID-19.	Dean's Fund, College of Nursing, SQU	1000	2022	Co-Principal Investigator
Effectiveness of Continence Education Package and its impact on improving health-seeking behavior of Omani women with Urinary incontinence	Internal Grant, SQU	7150	2022	Principal Investigator

The effectiveness of a Self-Efficacy Enhancing Smart-Phone Application (SEESPA) on Self-Efficacy for adherence to healthy lifestyle behaviors among pregnant women with gestational diabetes mellitus.	Internal Grant, SQU	7150	2022	Co-Investigator
Undergraduate Nursing student's perception of Case Study Analysis as a teaching strategy to achieve role competencies	Dean's Fund, College of Nursing, SQU	1000	2021	Principal Investigator
Perception of using Simulation for Childbirth skills to male Nursing Students and to understand their clinical challenges in labor room skills	Non-Funded	NIL	2021	Co-Principal Investigator
Using Twitter for Teaching in a Pathophysiology Course: Performance and Satisfaction of Omani Nursing Students	Dean's Fund, College of Nursing, SQU	1300	2021	Co-Principal Investigator
Maternal and Neonatal Outcomes of Healthy Pregnant Women with COVID-19 Versus High-risk Pregnant Women: A Multi-Center Case Control Comparison Study	Deanship of Research, SQU	7800	2020	Co-investigator
Gestational Internet Surfing: Information Seeking Behavior via Internet among Omani Pregnant Women and its impact on Health Care Decision Making Process	Dean's Fund, College of Nursing, SQU	1300	2019	Co-Principal Investigator
A Comprehensive Clinical Evaluation Strategy of Undergraduate Nursing Students and its Implications on their learning	Dean's Fund, College of Nursing, SQU	1300	2018	Co-investigator
Effect of an Educational Intervention on Anemia in Pregnancy- in Oman	Internal Grant	20265	2018	Co-Principal investigator
Breast cancer in Oman: A Multiphase study to Examine Breast Cancer Awareness among Omani Women.	His Majesty Strategic Fund, The Research Center, Oman	207,846	2016	Co-Investigator

Research Supervision				
Title	Institution	Undergraduate/Postgraduate/PhD	Period	Role Main/Co Supervisor/ Adjudicator/ Internal /External Examiner

Effect of antenatal Education among Omani primigravid women	University of Malasia	PhD in Nursing	2023-Ongoing	Co-Supervisor
Impact of labor Induction on maternal and neonatal outcomes among primi gravida – A retrospective Cohort Study.	College of Nursing, Sultan Qaboos University	Postgraduate (Master of Science in Nurse-Midwifery)	2023-Ongoing	Main Supervisor
Risk Factors of Spontaneous Abortion and its Recurrence among Omani Women- A Retrospective Case Control Study	College of Nursing, Sultan Qaboos University	Postgraduate (Master of Science in Nurse-Midwifery)	2023-Ongoing	Main Supervisor
Risk factors and Obstetrical outcome of Preeclampsia among Omani Women: A Case Control Retrospective Multicenter Study	College of Nursing, Sultan Qaboos University	Postgraduate (Master of Science in Nurse-Midwifery)	2022 – ongoing	Main Supervisor
Depression, Anxiety, Stress and Social Support among Primary Infertile Omani Women	College of Nursing, Sultan Qaboos University	Postgraduate (Master of Science in Nurse-Midwifery)	2021 – 2023	Main Supervisor
Evaluation of Antenatal Education Services in Oman: Perspective of Service Providers and Users – A Qualitative Study	College of Nursing	Postgraduate (Master of Science in Nursing- By Thesis)	2020-2021	Main Supervisor
Efficacy of “Neo Mumma app” on Breastfeeding Skill, Maternal Confidence, Stress and Care Compliance among Postnatal Mother in a Public University Hospital, Oman.	Sri Ramachandra Institute of Higher Education and Research, Chennai, India	PhD in Nursing	2022 – Ongoing	Co-Supervisor
Mindfulness Intervention on depression, anxiety, stress of Antenatal Women in Oman.	Sri Ramachandra Institute of Higher Education and Research, Chennai, India	PhD in Nursing	2022 – Ongoing	Co-Supervisor

Exploring bullying experience among adolescents- A qualitative study	College of Nursing, SQU	Undergraduate (Bachelor of Science in Nursing)	2019	Main Supervisor
Analysis of quality of sleep pattern among Undergraduate nursing students- A qualitative study	College of Nursing, SQU	Undergraduate (Bachelor of Science in Nursing)	2019	Main Supervisor
The effect of sleep Quality on the academic performance of nursing students using quantitative approach	College of Nursing, SQU	Undergraduate (Bachelor of Science in Nursing)	2019	Main Supervisor
Effect of social media on academic performance among SQU Undergraduate students	College of Nursing, SQU	Undergraduate (Bachelor of Science in Nursing)	2018	Main Supervisor
Effect of Exclusive Breast Feeding in reducing Childhood obesity	College of Nursing, SQU	Undergraduate (Bachelor of Science in Nursing)	2018	Main Supervisor
Effectiveness of Spleen Meridian-6 and Large Intestine-4 Acupressure on Labor Outcome Among Primi Mothers at PSG Hospitals, Coimbatore	PSGIMSR	Postgraduate (Master of Science in Maternal Health Nursing)	2010	Main Supervisor
Effectiveness of Garlic intake in Promotion of Breast Feeding among Postnatal Mothers in PSG Hospitals, Coimbatore	PSGIMSR	Postgraduate (Master of Science in Maternal Health Nursing)	2010	Main Supervisor
Effectiveness of Semi-recumbent position during second stage of labor-on-Labor Outcome among Primi Mothers	PSGIMSR	Postgraduate (Master of Science in Maternal Health Nursing)	2010	Main Supervisor
Effectiveness of Aloe vera Vs Betadine for Episiotomy wound.	PSGIMSR	Postgraduate (Master of Science in Maternal Health Nursing)	2010	Main Supervisor
A Study to promote the Kegel's exercise to women with stress	PSGIMSR	Postgraduate (Master of Science in Maternal Health Nursing)	2009	Main Supervisor

Urinary incontinence in PSG Rural Health Centre, Coimbatore.				
Effectiveness of Cabbage Leaves application in reduction of Breast Engorgement among Lactating Mothers at PSG Hospitals, Coimbatore	PSGIMSR	Postgraduate (Master of Science in Maternal Health Nursing)	2009	Main Supervisor
Effectiveness of Beetroot Juice in treating the dysmenorrhea symptoms among Nursing Students in PSG College of Nursing, Coimbatore	PSGIMSR	(Master of Science in Maternal Health Nursing)	2009	Main Supervisor

Research (Thesis Examination)

Title	Institution	Undergraduate/ Postgraduate/Ph D	Period	Role Chair of the Committee/ Adjudicator (Thesis Examiner)/ Internal Examiner/External Examiner
“A study to compare the effectiveness of comprehensive nursing intervention on menopausal maladies among perimenopausal and postmenopausal women in selected villages at Namakkal District”	The Tamilnadu M.G. R Medical University, India	Ph.D. in Nursing	2024	Thesis Examiner/ Adjudicator
A Mixed Method of Study to explore the Quality of Life and effect of Soyabean on Menopausal Women Residing in Urban areas, Vellore.	The Tamilnadu M.G. R Medical University, India	Ph.D. in Nursing	2023	Thesis Examiner/Adjudicator
Effectiveness of parent-involved multi-component intervention program on lifestyle practices and body mass index of overweight and obese adolescents of urban schools under Mangalore, Karnataka, India	Yenepoya (Deemed to be University), India	Ph.D. in Nursing	2023	Thesis Examiner/Adjudicator
A study to evaluate the Effectiveness of Multifaceted	Annamalai University, India	Ph.D. in Nursing	2022	Thesis Examiner/Adjudicator

Bundle Interventions on Selected Outcome Variables of Ventilator Associated Problems, Knowledge and Compliance of Bundle Care among Nursing Professionals in Intensive Care Unit at selected Tertiary Care Hospital, Coimbatore				
A Study to Assess the Effectiveness of Multi Interventional Package on Quality of Life (QOL) of Patients with Chronic Kidney Disease (CKD) receiving Hemodialysis in Selected Hospitals at Hosur, Krishnagiri, Tamilnadu	The Tamilnadu M.G. R Medical University, India	Ph.D. in Nursing	2022	Thesis Examiner & External Examiner
A Quasi-Experimental Study to Assess the Impact of Integrated Pathway (IP) upon Capacity Building of Nurses in Caring of People Affected with Ebola Virus Disease at Selected Setting	The Tamilnadu M.G. R Medical University, India	Ph.D. in Nursing	2021	Thesis Examiner & External Examiner
A Study to evaluate the effectiveness of YOGA therapy in reducing depressible symptoms among elderly residing in selected old age homes	The Tamilnadu M.G. R Medical University, India	Ph.D. in Nursing	2021	External Examiner
Effectiveness of self-care on knowledge, self-efficacy and performance states among cancer patients undergoing chemotherapy	The Tamilnadu M.G. R Medical University, India	Ph.D. in Nursing	2019	Thesis Examiner/Adjudicator
A Study to Assess the Effectiveness of Multi Interventional Package on Quality of Life among Breast Cancer Patients receiving Chemotherapy drugs in a Selected Oncology Unit.	The Tamilnadu M.G. R Medical University, India	Ph.D. in Nursing	2018	Thesis Examiner/Adjudicator
Effectiveness of Empowerment Strategies using Community Participation of Cancer Cervix	The Tamilnadu M.G. R Medical University, India	Ph.D. in Nursing	2017	Thesis Examiner/Adjudicator

In terms of Health Seeking and Risk Reduction Behavior among Women.				
Effectiveness of Behavioral Change Communications (BCC) on Positive Life Skills (PLS) among adolescents with Suicidal Ideation.	Yenepoya (Deemed to be University), India	Ph.D. in Nursing	2016	Thesis Examiner /Adjudicator
A Study to assess the Effectiveness of Nursing strategies on Knowledge, Attitude, and Quality of Life among Patients with Psoriasis at JOPMER Hospitals	Annamalai University, India	Ph.D. Nursing	2015	Thesis Examiner /Adjudicator
An Experimental Study to Evaluate the Effectiveness of Pudina Extract in Reducing Dysmenorrhea Among Adolescent Girls in Selected Schols	The Tamilnadu M.G. R Medical University, India	Ph.D. in Nursing	2015	Thesis Examiner/Adjudicator
The Health Status and Psychosocial Problems of Children of HIV Positive Mothers	Vinayaka Missions University, India	Ph.D. Nursing	2015	Thesis Examiner /Adjudicator
A Study to Assess the Stress and Coping among Women with Primary Infertility and Evaluate Effectiveness of Counseling and Relaxation Therapy among the Couples with Primary Idiopathic Infertility Clinic at JIPMER, Pondicherry	Annamalai University, India	Ph.D. Nursing	2015	Thesis Examiner /Adjudicator
The effectiveness of Intervention Strategies to Lifestyle Modification Among Hypertensive Patients	Vinayaka Missions University, India	Ph.D. Nursing	2015	Thesis Examiner /Adjudicator
Assessment of Prevalence of Protein Energy Malnutrition and to determine Effectiveness of Nutritional bolus with Planned Teaching Program	Savitha University, India	Ph.D. Nursing	2014	Thesis Examiner /Adjudicator
A Study to Assess the level of Stress and Coping Behaviors and to Evaluate the	The Tamilnadu M.G. R Medical University, India	Ph.D. Nursing	2014	Thesis Examiner /Adjudicator

Effectiveness of Selected Coping Strategies among Student Nurses in Selected Institute in Tamilnadu.				
Short inter-pregnancy and adverse pregnancy outcomes among Omani women: a retrospective case control study	College of Nursing, SQU	Postgraduate (Master of Science in Nurse-Midwifery)	2022	Internal Examiner
Fetal and Neonatal outcomes in women with Sickle cell disease: A retrospective case control study	College of Nursing, SQU	Postgraduate (Master of Science in Nurse-Midwifery)	2022	Chair, Thesis Defense Committee
Risk Factors and Outcomes Associated with Door- to- Balloon Time among Patients with ST-Elevation Myocardial Infarction in Oman	College of Nursing, SQU	Postgraduate (Master of Science in Nursing – Adult Acute Care)	2021	Chair, Thesis Defense Committee
Patients’ perception of individualized nursing care and its association with patient’s satisfaction of nursing care	College of Nursing, SQU	Undergraduate (Graduation Project) (Bachelor of Science in Nursing)	2020	Internal Examiner
Traditional health care practices in Oman	College of Nursing, SQU	Undergraduate (Graduation Project) (Bachelor of Science in Nursing)	2020	Internal Examiner
Perception of Nurses and physicians about Nurse – Physician collaboration	College of Nursing, SQU	Undergraduate (Graduation Project) (Bachelor of Science in Nursing)	2020	Internal Examiner
Relationship between self-esteem, happiness and life satisfaction among nursing students	College of Nursing, SQU	Undergraduate (Graduation Project) (Bachelor of Science in Nursing)	2019	Internal Examiner

Cultural beliefs and practices towards Death in Oman-a qualitative study	College of Nursing, SQU	Undergraduate (Graduation Project) (Bachelor of Science in Nursing)	2019	Internal Examiner
Nursing students Happiness, emotional intelligence and its impact on the perceived Caring behavior – A cross sectional study	College of Nursing, SQU	Undergraduate (Graduation Project) (Bachelor of Science in Nursing)	2019	Internal Examiner
Assessment of relationship between job satisfaction and job performance among nurses in Sultanate of Oman	College of Nursing, SQU	Undergraduate (Graduation Project) (Bachelor of Science in Nursing)	2018	Internal Examiner
Burden of care and quality of life among clients with End stage renal disease in Oman	College of Nursing, SQU	Undergraduate (Graduation Project) (Bachelor of Science in Nursing)	2018	Internal Examiner

Personal Professional development in Scholarship

- **Oral presentation**, title: Usefulness of peer tutoring and its impact on Nursing Students Academic Performance. The 14th International Nursing Conference by **Korean society of Nursing Science, South Korea. November 2nd & 3rd, 2023.**
- **Guest speaker**, Virtual Research Workshop series by Royal Army of Oman, Amed Forces Medical Services, Topic: Formulate Research Purpose, Objectives, Questions, and hypothesis. **17.09.2023.**
- **Keynote speaker**, New Horizons of Research Methods-For better health care evidence, International Nurses Conference organized by Sri Ramachandra Faculty of Nursing, India, **20th and 21st July 2023.**
- **Keynote Speaker**, Mental Well-being during Pregnancy Webinar: International Women’s day, organized by MCH Department, College of Nursing, SQU **8th March 2023.**
- **Oral Presentation**, Prevalence of Urinary incontinence among women and its relationship with sociodemographic and Obstetrical Variables. 12th International Council of Nurse Practitioner/ Advanced Practice Nurse Network Conference, **Dublin, Ireland 21st to 24th August 2022.**
- **Poster Presentation**, Presented by (Ms. Maha Al dughaiishi, MSN Midwifery student), Co-author: Dr. Vidya Seshan (Main Supervisor) Evaluation of Antenatal Education Services in Oman: Perceptive of service providers- A Qualitative Study. 46th Biennial Convention, Sigma Theta Tau International, **Indianapolis, USA, November 6th to 10th, 2021.**

- **Poster Presentation**, Effectiveness of Educational Intervention on Gestational Anemia. 11th ICN NP//APN Network Conference, **Canada, August 29th to Sep1, 2021**,
- **Speaker**, Qualitative Research Study: Data Collection Method, International Webinar conducted by Sri Ramakrishna College of Nursing (Under the The Tamilnadu Dr. MGR Medical University), Coimbatore, **India. April 2021**.
- **Speaker**, Safe Motherhood – Rights and Choices, International Webinar conducted by P.S.G Institute of Medical Science and Research, Coimbatore, **India.12th April 2021**.
- **Speaker**, The Nursing Teachers Association, India, International Virtual Conference on Breast Care Management, Topic: Lactation Education as Advocacy: Increasing knowledge among Nurses, **10th August 2020**.
- **Speaker**, Support Breast feeding for a Healthy Planet, International Webinar by Karuna College of Nursing, Topic: Breast Feeding Myths and facts, **6th August 2020**.
- **Speaker**, 6th International workshop on food and brain, College of Agriculture Marine Sciences, Oman, “Brain Health from Womb”. 11th to 12th, **2019**.
- **Oral presentation**, Case Study Analysis, CETL Conference, SQU, Feb **2019**.
- **Poster Presentation**, **Seshan, V.**, Amandu, G.M., Raghavan, D., Arulappan, J. “Case Study Analysis as a teaching strategy– Undergraduate student’s perception”. 30th International Nursing Congress (STTI), **Calgary, Canada, 25th to 28th July/2019 (Poster Presentation)**.
- Arulappan, Judie: Objective Structured Clinical Examination: A reliable strategy for evaluating clinical competence in Undergraduate nursing students-faculty experiences. **Co-authors: Matua, Gerald Amandu; Seshan, V., Presentation during First International Conference on Teaching and Learning in Higher Education SQU, Oman. 10-12 Feb 2020**.
- Raghavan, Divya; Simulate to Stimulate: Overcoming Gender Challenges in Intranatal Clinical Teaching Simulation for intranatal clinical teaching: Perception of male nursing students. **Co-authors: Matua, Gerald Amandu; Seshan, V., A Poster Presentation during 30th International Nursing Research Congress: Theory-to-Practice: Catalyzing Collaborations to Connect Globally. Calgary, Canada, 25-29 July 2019**.
- Matua, Gerald Amandu; Overcoming Cultural Barriers in Undergraduate Nursing Education Using Voice Enhanced High Fidelity Simulation: The Sultan Qaboos University Experience. **Co-authors: Divya Raghavan; Vidya Seshan; Arwa Atef Sultan Obeidat. A Podium Presentation during Canada International Conference on Education University of Toronto Mississauga, Ontario, Canada, 24-27 June 2019**.
- **Keynote Speaker** for the International conference on Women Health and Breast Cancer. April **06-08/2017**, Dubai, **UAE**.
- **Keynote speaker** for International Conference: Transforming Nursing Practice, Research and Dissemination, **June 23rd, 2017, Chennai, India**.
- **Guest Speaker in the workshop on “Qualitative Research Approach”**, Oman Nursing Institute, Ministry of Health on **13.5.2017**.
- **Paper Presented**, 2nd International conference on Advances in Obstetrics and Gynecology. 22nd and 23rd January 2016. **Sultan Qaboos University, Muscat, Oman**.
- International Nursing Research Conference, **20th – 22nd /04/2015**, Royal College of Nursing, **United Kingdom**.
- **Resource Person**, Oman Nursing Institute (ONI). Quantitative research Proposal writing. December **2014. Oman**.
- Presented paper, 9th Singapore International Congress of Obstetrics and Gynecology. **2013/08/22-24. Singapore**.
- Strategies to enhance patient safety. 2nd GCC International Conference on Patient Safety, 2013/01/21-23rd Jan, **Sultan Qaboos University, Oman. (Poster Presentation)**
- Distress during menopausal transition. First International OG Conference. 2013/12/4-6. **Sultan Qaboos University, Oman. (Poster Presentation)**
- Improving knowledge on Urinary incontinence among community dwelling women using a video assisted teaching program. First International OG Conference. 2013/12/4-6. Sultan Qaboos University, **Muscat, Oman. (Poster Presentation)**
- Presented paper, International Nursing Research Conference, 22nd – 25th /04/2012, Royal College of Nursing **United Kingdom**.

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Journal Review			
Journal Name	Scopus/Non-Scopus	Year	Role Editor/ Reviewer
BMC Women’s Health	Scopus	From 2015	Reviewer
BMC Primary Care	Scopus	From 2023	Reviewer
Sage Open Nursing	Scopus	From 2023	Reviewer
Heliyon (Elsevier)	Scopus	From 2023	Reviewer
BMC Urology	Scopus	From 2020	Reviewer
Maternal and Child Health Journal – Springer	Scopus	From 2017	Reviewer
Sultan Qaboos University Medical Journal (SQUMJ)	Scopus	From 2016	Reviewer
Oman Medical Journal (OMJ)	Scopus	From 2016	Reviewer

Citations/ h- Index/Link		
Google Scholar	h-index	Link
609	13	https://scholar.google.com/citations?user=h2xmWWAAAAAJ&hl=en

Committee Involvement				
Name of the Committee	Institution	Department/College/University	Start/Ending date	Roles
Oman Qualification Framework (OQF) Listing Committee	College of Nursing, SQU	College	2024- till date	Member
Adhoc-committee restructuring MSN Program	College of Nursing, SQU	College	2024-till date	Member
Ad hoc Committee for Best Researcher Award	College of Nursing, SQU	College	2024-2026	Member
APAC (Academic Promotion Appeal Committee)	Sultan Qaboos University	University	2022 – 2023	Member
Health and safety portfolio Committee	Sultan Qaboos University	University	2016-2017	Member
Executive Committee	College of Nursing, SQU	College	2019 to till date 2014 to 2018	Member, as HOD

College Board	College of Nursing, SQU	College	2019 to till date 2014 to 2018	Member, as HOD
Faculty Appointment Committee	College of Nursing, SQU	College	2019 to till date 2014 to 2018	Member, as HOD
Contract Renewal Committee	College of Nursing, SQU	College	2019 to till date 2014 to 2018	Member, as HOD
Postgraduate Committee	College of Nursing, SQU	College	2020 to till date 2017 to 2019	Member, as Program Coordinator MSN Midwifery As Member
ACEN Accreditation Committee (Standard 5, Program Outcomes)	College of Nursing, SQU	College	2022 to till date	Co-Chair
Curriculum Committee	College of Nursing, SQU	College	2019 to till date	Member
Program Evaluation Committee	College of Nursing	College	2023 to till date	Member, as Program Coordinator MSN Midwifery
Strategic Planning Committee	College of Nursing, SQU	College	2016 to 2023	Member
Risk Management Committee	College of Nursing, SQU	College	2016 to 2020	Chair of the Committee
ACEN Accreditation Committee (Standard 4, Curriculum)	College of Nursing, SQU	College	2014 to 2021	Co-Chair
Peer Review of Teaching Committee	College of Nursing, SQU	College	2016 to 2017	Member
Research and Ethics Committee	College of Nursing, SQU	College	2014 to 2016	Member
Clinical Training Committee	College of Nursing, SQU	College	2014 to 2015	Chair, as Asst. Dean
Simulation Committee	College of Nursing, SQU	College	2014 to 2015	Chair, as Asst. Dean
Faculty Development Committee	College of Nursing, SQU	College	2010 to 2014	Co-Chair
Peer Review of Teaching Committee	College of Nursing, SQU	College	2016 to 2017	Member
Department Board	College of Nursing, SQU	Department (Fundamentals and Administration)	2019 to till date	Chair, as HOD
Research Committee	College of Nursing, SQU	Department (Fundamentals and Administration)	2019 to 2021	Chair, as HOD
Department Board	College of Nursing, SQU	Department (Maternal and Child Health)	2015 to 2018	Chair, as HOD

Awards & Honors

Title	Institution	Area of award Teaching/Research/Community Service	Year
My role: Main Thesis Supervisor Best 3 minutes presentation MSN Thesis	College of Nursing, SQU	Research	2024
My role: Main Thesis Supervisor Best Thesis Award for MSN by Thesis	The Scientific Society of Arab Nursing Faculties	Research	2023
Scientist Award	Sultan Qaboos University	Research	2018
SQU best researchers "SQU Pure Expert" portal	Sultan Qaboos University	Research	2017
Best Researcher Award	Sultan Qaboos University	Research	2015
Journal Publication Cash Award	Sultan Qaboos University	Research	2023 2022 2014 2013 University Stopped this award from 2015 to 2021 and restarted
Best teacher rated highly among top 10 faculty in University	Sultan Qaboos University	Teaching	Academic Year 2013 - 2014
Best Teacher rated highly among top 3 faculty in College of Nursing	Sultan Qaboos University	Teaching	Academic Year 2014- 2015
Letter of Appreciation from Dean, College of Nursing	Sultan Qaboos University	Community Service	2019
Letter of Appreciation from Asst. Dean Training and Community Services	Sultan Qaboos University	Community Service	2019
Certificate of Appreciation from Vice Chancellor, SQU	Sultan Qaboos University	Community Service	2016 2017
Certificate of Appreciation from Director, Risk Management Office, SQU	Sultan Qaboos University	Community Service	2016 2017

Participation in University & Community Service Activity

- Submitted Proposal for training to Sultan Qaboos University ETQAN “**Labor and delivery Hands-on Skills Training for Health Care providers**” through Noel Birth Simulator (Empower Care in Critical Moments: Labor and Delivery Training Course). (Language English). June 2024 and December 2024
- Submitted Proposal for educating Women and couple through SQU ETQAN “**Journey to Parenthood: Empowering Labor and Delivery Education through Lifelike Simulation Experiences**”. Target audience: women and couple. (Language Arabic). June 2024 & December 2024.
- **Department Community Activity: First Aid for High School Children (25 participants)**, International Philippine school, Muscat. 19.3.2024.
- **Department Community activity** Collaboration with STTI Chapter of College of Nursing: Basic SPSS workshop for Health Care Providers – Hands of Experience (Phase 3) December 12th, 2023.
- **Department Community Activity** (Lead Person as HOD)): Basic SPSS workshop for Health Care Providers – Hands on Practice (Phase 2) December 6th, 2022
- **Department Community Activity** (Lead Person as HOD): Basic SPSS workshop for Health Care Providers – Hands on Practice (Phase 1) December 13th, 2021
- **Resource Person “Laboring Women in Midair”** (Theory and practical session), for **Oman Air Crew members**, 5th May 2021.
- **Session Moderator** for the 30th Nursing International Congress in **Canada (Sigma Theta Tau International)** 25th to 28th July 2019.
- **Organized First Aid for Nursery Teachers** (NABA ALHNAN NURSERY) Sep 17th, 2019.
- **Organized First Aid for SQU Community** partnership with Risk Management Office, SQU, 5th March and 12th March 2019 (Phase V).
- **Organized First Aid workshop for 50 School children** collaborating with Risk Management Office of the University. April 26th, 2018.
- **Organizer conducted series of first aid workshop for the staff of College of Nursing** March 1st, 8th and 15th 2018. SQU, CON. (Phase IV)
- One of the **Organizers for the “Risk Management Conference” in Oman**. Organizing inter-conference workshop of First Aid Training (Lead person), 18th to 21st Feb 2018.
- **Organized the “Basic First Aid Training Workshop” for the SQU community** partnership with Risk Management Office (RMO), SQU- 12th October 9th November and 12th December 2017 (Phase III).
- **Organized the “Basic First Aid Training Workshop” for the SQU community** partnership with Risk Management Office (RMO), SQU – March 9th, March 30th, and April 20th, 2017 (Phase II).
- **“Basic First Aid Training Workshop” (Organizer)** Partnership with RMO (Risk Management Office, Sultan Qaboos University) – Risk Committee CON, October 23rd, November 27th & December 18th, 2016 (Phase I).

Summary

TEACHING AND LEARNING

Summary of achievement to show excellence in teaching:

- Student evaluation 3.5 to 4 out of 4.
- Excellent peer teaching evaluation 56 out of 60.
- Adviser for both undergraduate and postgraduate level students.
- Proposal developed for MSN Midwifery Program (First Program in Oman)** launched fall 2020.
- Course developed for MSN Midwifery Program.
- Program coordinator of MSN Midwifery Program from 2020.**

- g) Participating in both undergraduate (Curriculum Committee member) and postgraduate curriculum (PG Committee member) Curriculum development.
- h) Engaging in continuing personal professional development in teaching and learning (CETL, SQU)
- i) Promoting research and scholarship of university teaching and learning
- j) Providing students with active leadership opportunities during teaching and learning
- k) Innovating practices to enhance teaching excellence in theory and clinical courses

RESEARCH

Summary of achievement to show excellence in Research:

- a) Published **33 peer-reviewed journal** articles, 30 of which is indexed in SCOPUS.
- b) **Best Thesis Award** for MSN by Thesis (My role: Main Thesis Supervisor) The Scientific Society of Arab Nursing Faculties 2023.
- c) Received **“Best Researcher Award”** in 2015 and 2017 from SQU.
- d) Received **“Distinguished Scientist Award”** from VIRA International in 2017.
- e) Identified as **“SQU Pure Expert”**.
- f) Journal **Publication Award** from SQU.
- g) One of the Co-author for **His Majesty Strategic Grant in Oman**.
- h) Participating in student research advising, supervision and examination.
- i) Engaging in personal professional development activities and events.
- j) Demonstrating leadership in scholarship by conducting research workshops.
- k) Winning Competitive Research funding such as H.M Grants, Internal Grants, etc.

Community Service

Summary of achievement to show excellence in Community Service:

- a) Served in Administration as **Asst. Dean, HOD** of two different Department.
- b) Organized **“Basic SPSS workshop for Health Care Providers – Hands on Practice”**.
- c) Organized **“First Aid Program”** with RMO, SQU –Trained more than 500 SQU Employees, schoolteachers, and schoolchildren.
- d) Received certificate/letter of appreciation from Vice Chancellor, Director, RMO, SQU, Dean, CON, and Asst. Dean Training and Community Service, CON.
- e) Served in many different committees of the college.
- f) Reviewed articles for SQUJ, OMJ, BMC, Sage, MCH Springer
- g) Popularizing the university and knowledge sharing via preceptor and research training
- h) Participation in conference organizing at the college and the university
- i) Presented papers national and international conferences.

Name: Dr. Vidya Seshan

09.02.2024