

AMENAH HISHAM YOUSSEF

GENDER: FEMALE

RELIGION: MUSLIM

UNITED ARAB EMIRATES

EMAIL: aabdelazim@sharjah.ac.ae

PERSONAL SUMMARY:

A highly motivated, confident individual with multi-tasking skills. Able to communicate effectively and sensitively with patients and care givers to maximize the rehabilitation of patients and to ensure understanding of often complex clinical issues impacting on recovery. Good client facing skills and the ability to work closely with other health care professionals to assess patient's needs and devise suitable treatment plans for them.

Ready and qualified for the next stage in a successful career and looking forward to making a significant contribution as a physiotherapist.

EDUCATION:

2001 – 2013 *[British Boards exams, Edexcel University]*

2014 – 2018 [University of Sharjah] [Sharjah, U.A.E.]

[Bachelor of Physiotherapy]

LANGUAGES:

- Arabic (mother tongue)
- English (fluent)
- Korean (fair)

HONORS:

- **2014 – 2018** Dean's List, College of Health Sciences, University of Sharjah.
Graduated with highest honors, June 2018.

CLINICAL EXPERIENCE:

- 2015 – 2016 Rashid Hospital, Dubai, U.A.E. (Respiratory)
University Hospital of Sharjah, Sharjah, U.A.E. (Cardiology)
- 2016 – 2017 Dubai Hospital, Dubai, U.A.E. (Medical Surgical)
Dubai PT & Rehab Centre, Dubai, U.A.E. (Musculoskeletal)
Yas Physiotherapy Centre, Abu Dhabi, UAE. (Musculoskeletal)
Amana Healthcare Centre, Abu Dhabi, U.A.E. (Neurology)
- 2017 – 2018 Qassimi Hospital, Sharjah, U.A.E. (Obstetrics and Gynecology)
Sharjah City for Humanitarian Services, Sharjah, U.A.E. (Pediatrics)
Latifa Hospital, Dubai, U.A.E. (Pediatrics)
Mamzar Old People Home, Dubai, U.A.E. (Geriatrics)
Aljazeera Sports Clinic , Ras Al Khaimah, U.A.E. (Musculoskeletal)

WORK EXPERIENCE:

- *July 2018 – Jan 2019* Sheikh Khalifa Medical City, Abu Dhabi, U.A.E.
(Internship)
 - *July 2019 – Jan 2022* Specialized rehabilitation hospital, Capital Health, Abu Dhabi, U.A.E.
 - *Present* University of Sharjah, Sharjah. (Clinical Tutor, Instructor, Physiotherapist)
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SKILLS:

- Fully assessing patients all over the UAE hospitals that have acute neurological conditions.
- Attending daily MDT meetings with PM&R team to discuss new cases providing therapy assessment feedback.
- Having one on one discussions with Head of PM&R and medical team and Head of Therapy.
- Assigning therapy and treatment plans for each specific condition.
- Conducting medical discussions with Heads of PM&Rs, Neurophysicians and therapists in other facilities.
- Full assessment with experience in FIM, Modified Barthel, MOCA and cognitive tests, as well as treatment of many neurological, musculoskeletal, gynecological, cardiovascular cases, etc.
- Can handle difficult cases including Neurological, Musculoskeletal, Cardiorespiratory, etc.
- Some experience in usage of Locomat, C-Mill and other Hocoma robotic equipment.
- Motivating others through effective communication skills.

- Experience of dealing with emotional and stressful cases.
 - Always making sure that equipment used is safe for the patient and oneself.
 - Organizing and prioritizing own workload and delegating responsibilities accordingly.
 - Reporting all complaints/incidents to senior managers and documenting them.
 - Able to differentially diagnose physiotherapy related conditions.
 - Can organize each patient's timings and treatment sessions during double bookings and time conflicts.
 - Able to work with multidisciplinary teams in inpatient and outpatient clinics.
 - Supervise outpatient female gym including making sure all equipment and needs are available at all times.
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WORKSHOPS:

- 2016/2017 Assisted in Health awareness day at the physiotherapy booth, University of Sharjah, Sharjah.
- 2017/2018 Participated and Coordinated the Cardiopulmonary booth on the World Physiotherapy Day, University of Sharjah, Sharjah.
- 2018/2019 Special Olympics MENA Regional World Games, United Arab Emirates, Abu Dhabi.
- 2022 Fundamentals of Hijama, United Arab Emirates, Sharjah.
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CONFERENCES:

- 25th Mar, 2017 Healthpoint Sports Medicine Summit 2017, in collaboration with Manchester United Football Club, Abu Dhabi, U.A.E. [5 C.M.E.]
- 26th– 28th Nov, 2017 5th Emirati German Congress in Medicine, Sharjah, U.A.E.
- 2nd-3rd May, 2018 6th Biennial Emirates Physiotherapy Conference, Dubai, U.A.E.

1st Nov, 2019 SKMCA Pediatrics Orthopedics Conference, Dubai, U.A.E. [6.5 CME]

20th-21st Nov, 2020 3rd Abu Dhabi Multiple Sclerosis webinar, Abu Dhabi, U.A.E.

14th Dec, 2020 New classification of Epilepsy webinar, Abu Dhabi, U.A.E.

Research projects/PUBLICATIONS :

- Mirror Therapy in children with Hemiplegic Cerebral Palsy (May 2017) (*certificate of appreciation attached*)
 - Effect of Excessive smartphone use on neck flexion angle and handgrip power (May 2018) (BSc in physiotherapy)
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